

Curriculum Vitae

of

Mr. Mangattil Bhaskaran RAJESH

MBBS MCh(Orth) FRCS(Gen) FRCS(Orth) MBA

Clinical Lead in Spine Surgery

Consultant Spine Surgeon

Royal London Hospital

Whitechapel

London

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PERSONAL DETAILS

Full Name: Mangattil Bhaskaran Rajesh

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38 Blacklands Farm Way
Sherfield on Loddon
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Website: www.spinesurgeon.london

GMC Reg. No: 4609245 (Full)

Indemnity: THEMIS Clinical Defence – 101231

PRIVATE CONSULTATIONS

PRINCESS GRACE HOSPITAL

42-52 Nottingham Place
London
W1U 5NY
United Kingdom

THE LONDON CLINIC

5 Devonshire Place
London
W1G 6BW
United Kingdom

ONE WELBECK HOSPITAL

1 Welbeck Street
Marylebone
London
W1G 0AR
United Kingdom

LYCA HEALTH

1 Westferry Circus
Canary Wharf
London
E14 4HA
United Kingdom

QUALIFICATIONS

2021	Bond Solon Course on Expert Medical Report Writing
2015	MBA (Business Entrepreneurship)
2012	FRCS (Trauma & Orthopaedic Surgery)
2009	MCh (Orthopaedic Surgery)
1997	FRCS (Royal College of Surgeons of Edinburgh)
1990	MBBS (Kilpauk Medical College, India)

MEMBERSHIPS

2003	British Orthopaedic Association (BOA)
2015	British Association of Spine Surgeons BASS)
2017	North American Spine Society (NASS)
2011	American Orthopaedic Association (AAOS)
2013	Tamilnadu Medical Council

ACADEMIC PRIZES AND DISTINCTIONS

2015	Merit Award for MBA Dissertation
2004	Spine Fellowship Award, Imperial College, LONDON
1994	Passed PLAB Exam conducted by the GMC
1990	FIRST CLASS HONOURS in all subjects in MBBS Curriculum
1986	MBBS – FIRST PRIZE in Physiology

EMPLOYMENT HISTORY

CURRENT EMPLOYMENT:

CONSULTANT SPINE SURGEON

ROYAL LONDON HOSPITAL

DAYS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Scoliosis Complex Spine (Royal London)	Princess Grace Hospital	Private Clinics	London Clinic	Royal London Clinic
AFTERNOON	Scoliosis Complex Spine (Royal London)	MDT	Private Injection Lists	Lyca Health Clinic	Scoliosis Clinic

SPINE SURGERY:

- Weekly 3-session Complex Spine Operative lists
- Emergency Complex Spine Trauma Surgery sessions
- Weekly Complex Spine MDT
- Monthly Trust wide Complex Spine Deformity MDT

TRAUMA SURGERY EXPERIENCE:

ROYAL LONDON:

- 1:8 Consultant of the Week Spine Surgery On Call
- Combined Complex Spine and Pelvic trauma sessions.
- Planning and prioritising Complex spine Elective and Trauma lists.

FELLOWSHIPS

IMPERIAL COLLEGE TRAVELLING SPINE FELLOWSHIP

ENDOSCOPIC SPINE SURGERY

- HOSPITAL FOR SPECIAL SURGERY, NEW YORK, UNITED STATES
Day Case Endoscopic spine surgery
- BAGATEL ENDOSCOPIC CENTRE, BORDEAUX, FRANCE
Under Professor Jean Destandau, Professor of Neurosurgery.

JUNIOR SPINE FELLOWSHIP (6 months)

- SALFORD ROYAL NHS FOUNDATION TRUST
- Royal Manchester Children's Hospital, Manchester, UK

Junior spine fellowship was the grounding for my career in spine surgery with exposure to cervical and lumbar procedures.

SENIOR SPINE FELLOW (18 months)

- NORTH TEES UNIVERSITY HOSPITAL NHS TRUST

High volume experience in Cervical and Lumbar fusions

SENIOR SPINE DEFORMITY FELLOW (12 months)

- ROYAL LONDON HOSPITAL - Whitechapel, London, UK

Fellowship in Spine Trauma and Spine deformity
Experience in Spine navigation and Robotic Surgery
Appointed as Locum Consultant Spine Surgeon for Barts NHS Trust

NORTHWEST THAMES HIGHER SPECIALIST ORTHOPAEDIC ROTATION

PROGRAMME DIRECTOR:

ROBERT MARSDEN

NATIONAL TRAINING NUMBER:

Oct `10 – Sep'11 CENTRAL MIDDLESEX HOSPITAL, WEMBLEY, LONDON

Consultant: Mr. Micheal Pearse

Speciality – Complex Trauma & Revision Hip Surgery.

Consultant: Mr. John Hollingdale

Speciality – Complex Hip & Revision Knee Surgery

Oct `09 – Oct '10 RNOH, STANMORE, LONDON

Consultant: Prof. David Marsh

Speciality – Complex Trauma & Non-Unions

Consultant: Mr. Sean Molloy

Speciality –Scoliosis Surgery

Jul `08 – Sep '09 LISTER HOSPITAL, STEVENAGE

Consultant: Mr. Peter Hope

Speciality – Trauma & Paediatric Orthopaedics

Consultant: Mr. Huw Dorrell

Speciality –Shoulder Surgery

Jul `07 – Jun '08 ST MARYS HOSPITAL, PADDINGTON, LONDON

Consultant: Mr. Robert Marston (Programme Director)

Speciality – Trauma & Hip Surgery

Consultant: Mr. Peter Rosenfeld

Speciality –Foot and Ankle Surgery

Jul `06 – Jun '07 CHARING CROSS HOSPITAL, HAMMERSMITH, LONDON

Consultant: Mr. Angus Lewis

Speciality – Pelvic Acetabular Reconstruction

Consultant: Mr. Ridhian Thomas

Speciality – Soft Tissue Knees

NORTHWEST THAMES HIGHER SPECIALIST ORTHOPAEDIC ROTATION

PROGRAMME DIRECTOR:

ROBERT MARSDEN

NATIONAL TRAINING NUMBER:

Jul '05 – Jul '06 BARNET GENERAL HOSPITAL, BARNET LONDON

Consultant: Mr. Harold Nwabuku

Speciality – Trauma & Revision Hip Surgery

Consultant: Mr. Rajiv Bajekal

Speciality – Trauma & Degenerative Spine Surgery

Jul '04 – Jun '05 QE II HOSPITAL, WELWYN GARDEN CITY, LONDON

Consultant: Mr. Jon Kitson

Speciality – Trauma & Degenerative Spine Surgery

WALES ORTHOPAEDIC REGISTRAR ROTATION

Jul '02 – Dec '02 LOCUM APPOINTMENT TRAINING IN ORTHOPAEDICS

Morrison Hospital, Swansea, Wales.

Consultant – Mr. Huw Hodinott

Speciality – Trauma & Shoulder Surgery

Jan '03 – Jun '04 LOCUM APPOINTMENT TRAINING IN ORTHOPAEDICS

Morrison Hospital, Swansea, Wales

Consultant – Mr. Ian Pallister

Speciality – Trauma & Illizarov Surgery

CLINICAL FELLOW

Jan '02 – Jun '02 CLINICAL RESEARCH FELLOW IN ORTHOPAEDICS

William Harvey Hospital, Ashford, Kent.

Consultant: Mr. Chris Brooks

Speciality – Shoulder Surgery

Apr '01 – Dec '01 CLINICAL RESEARCH FELLOW IN ORTHOPAEDICS

William Harvey Hospital, Ashford, Kent

Consultant: Mr. W. Dunnett

Speciality – Hand Surgery

CLINICAL FELLOW

Jul '00 – Mar '01 **FELLOW IN TRAUMA SURGERY**

KingsMill Hospital, Mansfield.
Consultant: Mr. Peter Livesley
Speciality – Trauma Surgery

Apr '00 – Jun '00 **FELLOW IN PAEDIATRIC ORTHOPAEDIC SURGERY**

Derbyshire Royal Infirmary.
Consultant: Mr. Peter Howard
Speciality – Paediatric Orthopaedic Surgery

JUNIOR RESEARCH FELLOW

Jan '99 – Apr '00 **RESEARCH FELLOW IN BIOMECHANICS**

Queens Medical Centre, Nottingham.
Supervisor: Professor Wallace

Jan '98 – Dec '98 **FELLOW IN KNEE SURGERY**

New Cross Hospital NHS Trust.
Consultant: Mr. S. Chugh
Speciality – Knee Surgery

SENIOR HOUSE OFFICER

Mar '97 – Dec '97 **Leicester Royal Infirmary**

Consultant: Mr. P. Godsiff
Speciality – Knee Surgery

Aug '96 – Mar '97 **Chesterfield & North Derbyshire**

Consultant: Mr. K. Ennis
Speciality – General Orthopaedics

Nov '95 – Aug '96 **Northern General Hospital**

Consultant: Mr. D. Stanley
Speciality – Shoulder & Elbow Surgery

Jan '95 – Nov '95 **Burton District General Hospital**

Consultant: Mr. G. Green
Speciality – General Orthopaedics

CLINICAL ATTACHMENT

Sep '94 – Dec '94 **Burton District General Hospital**
Consultant: Mr. G. Green
Clinical Attachment in Orthopaedic Surgery

September 1994 **Passed PLAB Examination**
(Professional Linguistic Assessment Board Examination)

INDIA

SPECIAL TRAINEE IN SURGERY (FY2):

Jan '93 – Jun '93 **Kilpauk Medical College Teaching Hospital**
Speciality – Cardiothoracic Surgery

Jul '92 – Dec '92 **Stanley Medical College Teaching Hospital**
Speciality – Plastic Surgery

Jan '92 – Jun '92 **Kilpauk Medical College Teaching Hospital**
Speciality – Neurosurgery

Jul '91 – Dec '91 **Kilpauk Medical College Hospital**
Speciality – Accident & Emergency

Jan '91 – Jun '91 **Kilpauk Medical College Hospital**
Speciality – General Surgery

HOUSE OFFICER (FY1)

Jan '90 – Dec '90 **Kilpauk Medical College Hospital**
University of Madras

CLINICAL EXPERIENCE

Over the last years, initially in my Orthopaedic career, I have gained broad and extensive experience in all the sub-specialties of Trauma & Orthopaedics on the Northwest Thames Higher Specialist Orthopaedic rotation. Further, I had the benefit and depth of 3 Fellowships in Spine Surgery:

Salford Royal Infirmary, Manchester – Junior Spine Fellow

University Hospital of North Tees – Senior Spine Fellow

Royal London Hospital – Senior Spine Fellow

- Constantly updated my knowledge and practice algorithms by self-directed learning, reflective practice, courses and conferences.
- Achieved formal accreditation on the specialist register.

TRAUMA SURGERY:

- Decision-making and operative management of trauma cases at this level one trauma centre.
- Follow up-to-date clinical management guidelines and protocols.

COMPLEX SPINE SURGERY:

- Experience in Independent & Combined Complex Spine procedures from base of skull to sacrum.

GENERIC SKILLS:

- Experience in clear, effective and supportive communication to patients, carers and to other members of the multi-disciplinary team.
- Algorithm and protocol driven practice in elective spine outpatient clinics for efficiency, patient satisfaction and quality.

CLINICAL GOVERNANCE

I regularly attend all clinical governance and management meetings related to my speciality. As a level one trauma centre, there is greater emphasis on major incident response training and clinical incident review. I had my recent appraisal and am up-to-date with Trust mandatory training.

CLINICAL EFFECTIVENESS

- E-portfolio:
 - Regular update of educational training and supervision
 - Clinical and academic achievements
 - Patient satisfaction outcomes.

EVIDENCE BASED MEDICINE

- Online Training Modules:
 - Practice guidelines - BOA website
 - Update on Spine Pathways – BASS website
- Journal Club
 - Draft Trial & Profher Trial
 - Peadiatric Supracondylar Fractures And Pink Pulseless Hand

CLINICAL GUIDELINES

- Consent forms for patients listed for Trauma Surgery
 - University of North Tees, Stockton – May 2018
- Update on Cauda Equina Syndrome Guidelines:
 - University of North Tees – June 2018

PATIENT INFORMATION LEAFLET:

- For Day Case Spine Injections patients at BHOC, Gateway Surgicentre, Newham.

PAEDIATRIC SPINE SURGERY PATHWAY – The Patient Journey

- This pathway outlines the patient's journey from initial consultation to final discharge from the paediatric spine surgery service.
- Detailed plans are outlined this pathway with clear documentation of the chain of events and workflow.
 - Spine Clinic
 - Combined Neuromuscular Clinic
 - Clinical Psychologist Support
 - Investigation Day
 - Admission
 - Follow Up

BACK PAIN PATHWAY FOR A&E PATIENTS INTO SPINE CLINIC

- This pathway is expected to reduce the rate of admissions to the acute wards
- For all patients presenting with mechanical low back pain, following assessment in the ED
- Aims:
 - To reduce pain and symptoms of muscle spasm prior to discharge
 - To ensure adequate mobility
 - To await the results of imaging essential for further decision-making – MRI scans.

NICE AUDIT ON SPINE INFECTIONS

Rajesh MB, Khan S, Hernandez M, Aneiba K, Bhatia C, Friesem T
University Hospital of North Tees, Stockton, UK
Presented in March 2017

Result – Our surgical Site Infection (SSI) was found to be 4%. This was well within reported figures in the literature of 0.1 – 6%

EFFECTIVENESS OF SACRAL EPIDURAL IN LUMBAR CANAL STENOSIS

Marwana S, Khan S, **Rajesh MB**, Aneiba K, Bhatia C, Friesem T
University Hospital of North Tees, Stockton, UK
Presented in January 2017

Result – 40% patients had a 2-week, 30% had a 8-week, 15% had a 12-week and 5% had more than 12 week improvement.

RE-AUDIT OF THROMBOPROPHYLAXIS IN FRACTURE NECK OF FEMUR

Rajesh MB, Khan S, Kumar S, Nada R
University Hospital of North Tees, Stockton, UK
Presented in November 2017

Result – This was a closing the loop audit. It showed good compliance with the NICE guidelines – Tinzaparin at admission, Mechanical & Chemical prophylaxis. Significant improvement from earlier audit findings.

RE-AUDIT OF CERVICAL SPINE ARTHROPLASTY OUTCOMES

Khan S, **Rajesh MB**, Lagaras, Aneiba K, Bhatia C, Friesem T
University Hospital of North Tees, Stockton, UK
Presented in June 2015

Result – This was a closing the loop audit. It showed good compliance with the NICE guidelines. The clinical outcomes matched the earlier audit findings.

RE-AUDIT OF VERTEBROPLASTY/KYPHOPLASTY OUTCOMES

Khan S, **Rajesh MB**, Reddy G, Bhatia C, Friesem T
University Hospital of North Tees, Stockton, UK
Presented in May 2015

Result – This was a closing the loop audit. It showed good compliance with the NICE guidelines – Consent, Risk documentation & Offer of conservative management. The clinical outcomes matched the earlier audit findings.

NHS LEADERSHIP PROGRAMME

ROSALIND FRANKLIN NHS LEADERSHIP PROGRAMME - 2019

Develop a deeper and clearer sense of who I am, my strengths and development areas – strengthening my existing leadership practice through cutting edge theory, evidence and practice

Improve my personal impact to help me drive progress in my team(s) and inspire my organisation/system to build compassionate, inclusive, person-centred cultures of care

Understand more about my team and how to work in, and with, it more effectively

Develop new ideas about how best to work with others through change – understanding different leadership approaches, challenges related to change, and my relationship to them

MANAGEMENT COURSES

2019 - ISC MEDICAL CONSULTANT INTERVIEW PRESENTATION

1-Day Course on Management, Leadership and presentation skills for Consultant job interviews.

ISC MEDICAL – London – June 13, 2019

2018 - HAMMERSMITH INTERVIEW SKILLS COURSE

1-Day Course on current interview hot topics and answers, expected scenarios and questions on the changes in the NHS.

Hammersmith – London – June 23, 2018

2015 - MANAGEMENT & LEADERSHIP COURSE

This 2-Day Course is very relevant to the current training in the lead up to becoming a Consultant.

ISC MEDICAL – London – October 25-26, 2015

MASTERS IN BUSINESS ADMINISTRATION (MBA)

LONDON SCHOOL OF COMMERCE

DISSERTATION: High Value Investments in India

Supervisor: Dr KV Shenai

There were 6 core Modules that were relevant to Management & Leadership

MANAGING PEOPLE - STRATEGY AND PRACTICE

- Strategic role of human resource management in organisations
- Knowledge of human resource context in technology, legislation, social institutions and cultures

MANAGING OPERATIONAL PROCESSES

- Principles of Operational Management
- How organisations are defined through their operational capabilities

STRATEGY

- In-depth appreciation of strategic management and decision-making
- Explore strategic issues and how to resolve them
- Developed my own strategic thinking, analysis and judgement skills

ANALYSIS FOR DECISION-MAKING

- Learned informed decision-making through analysis of data
- Developed critical skills and learnt how to gain insights into decision problems through data

LEADERSHIP

- Build competencies to think and act like a leader. Negotiate with confidence and define the direction of my career.

TEACHING

MEMBER OF FACULTY:

- **2019 SPINAL STUDY DAY**
Chichester Park Hotel, Chichester
Presentation of Spine trauma, Demonstration of Braces to physiotherapists, Occupational therapists and Spine Nurses
- **2018 SPINAL STUDY DAY**
Amex Stadium, Brighton
Clinical Examination and Assessment of Low Back pain in Outpatient setting. Demonstration of Spine injection techniques to physiotherapists and Specialist Spine Nurses.
- **2017 UNDERGRADUATE DEPARTMENT MEDICAL STUDENTS TEACHING PROGRAMME – FoCP ROTATION**
University Hospital of North Tees
Stockton-on-Tees
- **2017 FRCS (Orth) CLINICAL EXAMINATION COURSE**
University Hospital of North Tees
Stockton-on-Tees

COURSES:

- **2016 TRAINING THE TRAINER COURSE**
Royal Hospital NHS Trust
Wolverhampton

INFORMAL TEACHING:

- **OUT-PATIENTS & THEATRES**
Clinical Examination and demonstration of operative techniques and explanation of management strategies to Spine Fellows, Spine Registrars, SHOs and Medical Students

MCh DISSERTATION - 2009

AMERICAN INSTITUTE OF MEDICINE

DISSERTATION: Biomechanical Evaluation of the stabilisation properties of the Halder Humeral Nail

Supervisor: Professor Angus Wallace,

Queen Medical Centre

Nottingham

INTRODUCTION:

The new Halder Humeral intra-medullary Nail allows cancellous bone fixation at the proximal end using a trio wire. The aim of this study was to evaluate biomechanically the stabilisation properties of the trio wire in the intra-medullary fixation of proximal humeral fractures with the use of this particular device.

MATERIALS AND METHODS:

Eight fresh frozen whole Adult Humeri were obtained at post-mortem. Each specimen was assessed for proximal bone quality using a Lunar- Expert DXA scanner.

CONCLUSION:

The trio wire of this nail exhibit poor torque hold, torsional stiffness and rigidity. The torque of the humerus carrying no load under physiological conditions was estimated to be 1.05 Nm^{-1} from previous work. The torque range of this device falls well within those parameters. However, this device appears to function equally well in both normal and osteoporotic bone.

CURRENT RESEARCH PROJECTS

PROFIT / LOSS ANALYSIS OF COMPLEX SPINE PROCEDURES AT ROYAL LONDON HOSPITAL

- Detailed assessment of the cost of each procedure
- The tariffs are complex to evaluate with the qualifiers
- Theatre codes are inaccurate and therefore leads to costing errors
- Real cost of each procedure is not clear
- Profit / Loss analysis will be computed from the tariffs and cost incurred
- A separate review of the codes assigned to each patient procedure is now considered.

INCIDENCE AND CLINICAL OUTCOME FOR SURGICALLY TREATED THORACOLUMBAR FRACTURES

- There is paucity of evidence to the extent of these fractures
- To assess the real number of cases treated surgically
- Review the clinical and radiological outcomes
- Determine what factors influence decision to surgery
- Identify the predictors that point to failure of fixations
- Document long term follow up and outcomes

INDICATIONS FOR SURGICAL STABILISATION OF TUBERCULOUS SPINE LESIONS

- Collection and harmonisation of the database for Spine tuberculosis
- Document long term outcome of surgical fixation
- Review the predictors for surgical stabilisation
- Assess complications with long term conservative vs surgical therapy
- Analyse failure of surgically treated cases

Is there a relationship between number of fused levels and curve correction in Adolescent Idiopathic Scoliosis?

*Opara TN, **Rajesh MB**, Sedra F, Aftab S, Montgomery A, Ranganathan A. Orthopaedic Proceedings: BSS Abstract Proceedings 2023.*

Does paraspinal muscle bulk in AIS affect clinical and radiological outcomes?

*Opara TN, **Rajesh MB**, Sedra F, Aftab S, Montgomery A, Ranganathan A. Orthopaedic Proceedings: BSS Abstract Proceedings 2023.*

A survey of functional outcome of patients undergoing surgery for Adolescent Idiopathic Scoliosis

*Opara TN, **Rajesh MB**, Sedra F, Aftab S, Montgomery A, Ranganathan A. Orthopaedic Proceedings: BSS Abstract Proceedings 2023.*

Hybrid versus All Poly-axial pedicle screw constructs in correction of idiopathic scoliosis: A radiological study.

*Shah P, **Rajesh MB**, Sedra F, Aftab S, Montgomery A, Ranganathan A. Orthopaedic Proceedings: Bone Joint J 2021; 103-B(11):21.*

Total Talar Extrusion with Medial Malleolar Fracture

***Rajesh MB**, Chamma R, Ranganathan A
J Musculoskelet Disord Treat 2019, 5:066*

Systematic Review - SPIN 26 – Is there a role for oral antibiotics in the prevention of infection in patients with draining wounds following spine surgery?

Systematic Review - SPIN 45 – What are the risk factors predisposing a patient to surgical site infection (SSI) after spine surgery?

Systematic Review - SPIN 51 – What is the incidence of infectious meningitis following spinal surgery? Does the use of instrumentation affect this?

Surgical Correction of Severe Claw toe Deformity – A Review of the Stainsby Procedure

SR Mangaleshkar, **MB Rajesh**, RK Tandon

The Foot (2001) 11, 126 – 131.

Clinical and pedobarographic evaluation of fore-foot Arthroplasty.

NJ Harris, **MB Rajesh**, R Betts, I Stockley, T Duckworth, CJM Getty

Foot and Ankle Surgery - Vol - 7, Part - 3, Page 160-169, 1997.

A Prospective 10-16 year Evaluation of Fore-foot Arthroplasties.

I Stockley, **MB Rajesh**, R Betts, NJ Harris

Journal of Bone and Joint Surgery (Br) 2000; 82-B: P – 187.

Biomechanical Analysis of the Stabilisation properties of the Halder Humeral Nail

MB Rajesh, PA Manning, L Neumann, WA Wallace

The Journal of the Orthopaedic and Traumatology Association of Macedonia and Thrace; Vol -13, No: 2 – 2000, Page 44.

Long-term results of multilevel (three and four levels) cervical disc arthroplasty: age-weighted linear regression analysis—results from a single centre

M. Rajesh, S. Khan, S. Friesem, C. Bhatia, G. Reddy
Posters / The Spine Journal 16 (2016) S72–S93 (Abstract)
<http://dx.doi.org/10.1016/j.spinee.2016.01.100>

Comparison of hybrid versus three- and four-level cervical disc arthroplasty - results from a single centre

S. Khan, **M. Rajesh**, S. Friesem, C. Bhatia, G. Reddy, K. Aneiba
Posters / The Spine Journal 16 (2016) S72–S93 (Abstract)
<http://dx.doi.org/10.1016/j.spinee.2016.01.101>

Early results of hybrid cervical disc arthroplasty—results from a single centre.

S. Khan, **M. Rajesh**, S. Friesem, C. Bhatia, G. Reddy, K. Aneiba
Podium Presentations / The Spine Journal 16 (2016) S45–S63 (Abstract)
<http://dx.doi.org/10.1016/j.spinee.2016.01.038>

The Effect of Bone Quality on Intra-Medullary Fixation of the Proximal Humerus using a Retro-Grade Nail

MB Rajesh, PA Manning, L Neumann, WA Wallace
The Abstract Book – Current Perspectives in Fracture Management and Orthopaedic Reconstruction; Volume 1, Section 1A - 2000, Page 30.

Surgical Correction of Severe Claw toe Deformity – A Review of the Stainsby Procedure

SR Mangaleshkar, **MB Rajesh**, RK Tandon
Journal of Bone and Joint Surgery (Br) 2001; 83–B: Suppl – 340 (Abstract)

INTERNATIONAL PRESENTATIONS

Management of High-Grade Spondylolisthesis: A Novel Single Stage Minimal Invasive Technique.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
NSpine 2021, 13th-16th July, Portugal.

Use of Single-size All Polyaxial Screw Construct in Idiopathic Scoliosis Deformity Corrections.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
NSpine 2021, 13th-16th July, Portugal.

Hybrid vs All Polyaxial Pedicle Screw Constructs in Correction of Idiopathic Scoliosis - A Radiological Study.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
NSpine 2021, 13th-16th July, Portugal.

Internal Decapitation of Head: A Case Report.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
NSpine 2021, 13th-16th July, Portugal.

Hybrid vs All Polyaxial Pedicle Screw Constructs in Idiopathic Scoliosis - A Radiological Study.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
Global Spine Congress 2021, Paris.

Single-size Polyaxial Screw Device in Idiopathic Scoliosis Deformity Corrections.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
Eurospine 2021, Vienna.

Prospective Randomised Clinical controlled Trail comparing clinical outcomes of Nunec versus Prestige Cervical Disc Replacement with a 5-year follow up

M. Rajesh, S, Friesem, S. Khan, C. Bhatia, G. Reddy, K. Aneiba
NASS 2018, Los Angeles – September 26-29, 2018.

Nunec versus Prestige Artificial Disc Replacement: A 5-year prospective randomised clinical controlled trial

S. Friesem, S. Khan, M. Rajesh, C. Bhatia, G. Reddy, K. Aneiba
ISASS18, Toronto - Canada – April 12, 2018.

Long Term Follow Up of Multi-Level (Three & Four Levels) Cervical Disc Arthroplasty - Results From A Single Center.

S. Friesem, S. Khan, **M. Rajesh**, A. Berg, G. Reddy, C. Bhatia
A-758-0000-00528 - Spine week 2016 – ISASS16 - Singapore – May 2016.

Comparison of 1 & 2 Level Versus 3 & 4 Level Cervical Disc Arthroplasty: An Outcome Analysis - Results From A Single Centre

T. Friesem, S. Khan, **M. Rajesh**, A. Berg, G. C. Bhatia, K. Aneiba
A-758-0000-00530 - Spine week 2016 – ISASS16 - Singapore – May 2016.

Results of Single-Level, Multi-Level (Two, Three And Four Levels) And Hybrid Cervical Disc Arthroplasty: Age & Sex-Weighted Linear Regression Analysis - Results From A Single Centre

M. Rajesh, S. Khan, S. Friesem, C. Bhatia, G. Reddy
Global Spine Congress 2016 – Dubai – April, 16 2016.

Prospective Randomised Study of Arthroscopic Vs Open Tennis Elbow Release

MB Rajesh, S. Kamineni
AAOS Conference – Las Vegas – March 2009

Intra-bursal versus inter-scalene post-operative pain control for arthroscopic shoulder surgery

MB Rajesh, C. Willis-Owen, S. Kamineni
21st Congress of European Society for Surgery for the Shoulder and Elbow (SECEC – ESSSE) 17 – 20 September 2008, Brugge, Belgium

Intra-bursal versus inter-scalene post-operative pain control for arthroscopic shoulder surgery

MB Rajesh, C. Willis-Owen, S. Kamineni

21st Congress of European Society for Surgery for the Shoulder and Elbow (SECEC – ESSSE) 17 – 20 September 2008, Brugge, Belgium

Arthroscopic Radial Head fracture fixation – A Case controlled study

MB Rajesh, S Dhatore, S Kamineni

ANNA Conference, Washington, April 2008

Radial Head Prosthetic Replacement – A Iceberg of Complexity

MB Rajesh, A Gupta, S Kamineni, H Ankem

AAOS Conference – New Orleans – March 2008

Halder Humeral Nail – Clinical Evaluation of Results

MB Rajesh, PA Manning, L Neumann, WA Wallace

Riva 2000 - Current Perspectives in Fracture management and Orthopaedic Reconstruction – Italy. May 10 - 14, 2000

4-Year Results of Uncemented Glenoid Replacement – Biomodular and Nottingham Prosthesis

WA Wallace, **MB Rajesh**, PA Manning

Shoulder Arthroplasty - The Past and the Future – Paris. January 2000

A prospective 10 –16 year clinical and pedobarographic evaluation of forefoot Arthroplasty

I Stockley, **MB Rajesh**, R Betts, NJ Harris

10th Combined Orthopaedic Assn Meeting – New Zealand. Feb 1998

Comparison of Hybrid versus 3 and 4 Levels Cervical Disc Arthroplasty - Results from a Single Centre

S. Khan, M. Rajesh, S. Friesem, C. Bhatia, G. Reddy, K. Aneiba

A-758-0000-00536 - Spine week 2016 – ISASS16 - Singapore – May 2016.

INTERNATIONAL PRESENTATIONS

Long Term Results Of Multi-Level (Three And Four Levels) Cervical Disc Arthroplasty: Age-Weighted Linear Regression Analysis - Results From A Single Centre (Poster).

M. Rajesh, S. Khan, S. Friesem, C. Bhatia, G. Reddy

A-758-0000-00539 - Spine week 2016 – ISASS16 - Singapore – May 2016.

Results of Single-Level, Multi-Level (Two, Three And Four Levels) And Hybrid Cervical Disc Arthroplasty: Age & Sex-Weighted Linear Regression Analysis - Results From A Single Centre (Poster).

M. Rajesh, S. Khan, S. Friesem, C. Bhatia, G. Reddy

A-758-0000-00542 - Spine week 2016 – ISASS16 - Singapore – May 2016.

Comparison of 1 & 2 Levels Discocerv vs 1 & 2 Levels Nunec Cervical Disc Arthroplasty: An Outcome Analysis - Results from a Single Centre.

S. Khan, A. Lagaras, **M. Rajesh**, M. C. Bhatia, S. Friesem, K. Aneiba.

A-758-0000-00638 - Spine week 2016 – ISASS16 - Singapore – May 2016.

Outcome Analysis of 1 & 2 Level versus 3 & 4 Level Cervical Disc Arthroplasty: Results from a Single Centre (Poster).

M. Rajesh, S. Friesem, S. Khan, A. Berg, G. Reddy, C. Bhatia, K. Aneiba

E-492 - Global Spine Congress 2016 – Dubai – April 16, 2016.

Multi-Level (Three and Four Levels) Cervical Disc Arthroplasty - A Long Term Follow Up - Results From a Single Centre (Poster).

M. Rajesh, S. Friesem, S. Khan, A. Berg, G. Reddy, C. Bhatia

E-514 - Global Spine Congress 2016 – Dubai – April 16, 2016.

Results of Multi-Level (Three and Four Levels) Cervical Disc Arthroplasty: Age-Weighted Linear Regression Analysis - Results From a Single Centre (Poster).

M. Rajesh, S. Khan, S. Friesem, C. Bhatia, G. Reddy

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INTERNATIONAL PRESENTATIONS

Single-Level, Multi-Level (Two, Three and Four Levels) and Hybrid Cervical Disc Arthroplasty: Age & Sex-Weighted Linear Regression Analysis - Results From a Single Centre (Poster).

M. Rajesh, S. Khan, S. Friesem, C. Bhatia, G. Reddy
E-517 - Global Spine Congress 2016 – Dubai – April 16, 2016.

Single-Level, Multi-Level (Two, Three and Four Levels) and Hybrid Cervical Disc Arthroplasty: Age & Sex-Weighted Linear Regression Analysis - Results From a Single Centre (Poster).

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Outcome Analysis of Hybrid versus 3 And 4 Levels Cervical Disc Arthroplasty - Results from a Single Centre (Poster).

S. Khan, **M. Rajesh**, S. Friesem, C. Bhatia, G. Reddy, K. Aneiba
E-524 - Global Spine Congress 2016 – Dubai – April 16, 2016

NATIONAL PRESENTATIONS

Safety and Reliability of NanOss in Paediatric Scoliotic Deformity Corrections.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
BritSpine 2021, UK.

Comparison of Hybrid and All Poly-axial Pedicle Screw Construct in Correction of Idiopathic Scoliosis.

Shah P, Rajesh M, Sedra F, Aftab S, Montgomery A, Ranganathan A.
BritSpine 2021, UK.

Early Results of Hybrid Cervical Disc Arthroplasty - Results From A Single Centre.

S. Khan, **M. Rajesh**, S. Friesem, C. Bhatia, K. Aneiba, G. Reddy
9th BRITSPINE SPINE CONFERENCE – Nottingham – April 6-8, 2016.

Safe Parameter for Lateral Distal Humeral Pin Insertions

MB Rajesh, H Ankem, S Kamineni
BESS Conference – Birmingham - June 2008.

COURSES AND MEETINGS

2019 – BRITISH ASSOCIATION OF SPINE SURGEONS (BASS)

Annual meeting and Masterclass
Brighton – United Kingdom – 3-5 April 2019.

2018 – BRITSPINE CONFERENCE

Annual Conference
Leeds United Kingdom 21-23 March 2018.

2017 - COMPLICATIONS IN SPINE SURGERY

An International Advanced cadaveric training program
Coventry – United Kingdom - June 1-2, 2017

2016 - BOA ANNUAL CONGRESS

Annual Conference to update in all aspects of Orthopaedics
Belfast - Northern Ireland - September 13-16, 2016

2016 - CERTIFICATE OF EVIDENCE OF TEACHING

Undergraduate Department Teaching Programme
University Hospital of North Tees - Stockton-On-Tees, - October 17, 2016

2016 - CLINICAL GOVERNANCE MEETING

Directorate of Orthopaedics - Service Evaluation Meeting
University Hospital of North Tees - Stockton-On-Tees, - October 07, 2016

2016 - BLS – BASIC LIFE SUPPORT TRAINING

Directorate of Orthopaedics – Appraisal Update
University Hospital of North Tees - Stockton-On-Tees, UK – March 01, 2016

2015 - ATLS – ADVANCED TRAUMA LIFE SUPPORT

2 day Certificate Course is a mandatory requirement for my training.
Bedford Hospital – Bedford – September 16-18, 2015

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